

## Bioactive compounds of methanolic extract of *Helianthemum lippii* grows in Hafr Al-Batin region, northeastern Saudi Arabia

Shifaa Oudah Alshammari\*, Sabry Younis Mahmoud

University of Hafr Al-Batin, College of Science, Department of Biology, Hafr Al-Batin, Saudi Arabia

Article Details: Received: 2021-07-09 | Accepted: 2022-02-25 | Available online: 2022-03-31

<https://doi.org/10.15414/afz.2022.25.01.60-66>



Licensed under a Creative Commons Attribution 4.0 International License



*Helianthemum lippii* (L.) Dum. Cours species of Saudi Arabia are a potential source of unique bioactives and chemical compounds due to the extreme environmental conditions under which the plants adapted to grow. These phytochemicals make the native *Helianthemum lippii* possibly interesting plant to investigate. In this study GC-MS analysis has been conducted to identify the most abundant phytochemical compounds in *H. lippii* methanolic extract. In total, 53 compounds have been identified in the studied extract. The identified phytochemicals included 6 compounds with eminent pharmaceutical importance recorded in relatively high percentage in the studied extracts, including Chloroform (0.29%), Benzeneethanol-Phenylethyl Alcohol (5.94%), 4-(1,1-dimethylethyl) 2,2-Dimethylcyclopropane carboxylic acid (1.04), Mebutamate (3.40%), Spermatheridine (1.17%) and Ethyl isoallocholate (1.13%), Oxirane, [4-(1,1-dimethylethyl) phenoxy]methyl] (5.0%). The result of this study could provide additional clues about figuring out the formula of biomolecular therapy in future drug studies.

**Keywords:** *Helianthemum lippii*, GC-MS, Saudi Arabia, phytochemical compounds

### 1 Introduction

Saudi Arabia is an arid desert country with a few exceptional subhumid regions on the northeastern part, located in the with an area of about 2250,000 sq kms covering the major part of the Arabian Peninsula (Mohammed-Ibtisam et al., 2018). This study was carried out in Hafr Al-Batin region (28° 26' 3" N, 45° 57' 49" E), which is located in the Northeastern Province about 430 km north of Riyadh. This area is generally an arid desert lies in the dry valley of Wadi Al-Batin. The wild plants in this area are highly adapted to the local environmental and utilize by people especially during the raining season. Very little is known about wild plants chemical composition in Hafr Al-Batin area, except few studies (Mohammed-Ibtisam et al., 2018; Zaman et al., 2008; Mandaville, 1990). There are approximately 100 taxa in the *Helianthemum* genus around world. *Helianthemum lippii* plant reported to be distributed in small patches in northern central and southern part of Kuwait (Zaman et al., 2008). *Helianthemum lippii* (L.) Dum. Cours is commonly known in Saudi Arabia as Raqrūq that belongs to the family Cistaceae (Zaman et al., 2008). *H. lippii*

is a small shrubby plant that grow up to 10–45 cm tall (Zaman et al., 2009). Seeds are very tiny and brown in color and mature during the raining season in February to April and then dispersed by wind during summer. The economic important of *H. lippii* is for being the main host plant associates for desert truffles (Tirmania and Terfezia) locally known as Fuq'a or Kamaa (Bokhary 1987; Omar et al., 2000; Bermaki et al, 2017). *Helianthemum* sp. is a valuable medicinal herb with a wide range of uses. Diarrhoeal and epigastric discomfort have been treated with this plant in the past (Meckes, 1999). *Helianthemum* plants are also used for the treatment of stomach illnesses, injuries, and burns around the world due to their anthelmintic, anti-inflammatory, antiulcerogenic, antiparasitic, antibacterial, analgesic, and vasodilating properties (Benitez et al., 2010 and Rubio-Moraga et al., 2013). Furthermore, the leaves and stems of the *H. syriacum* plants are used in drinks in Spain (Tardío et al., 2006). The chemical composition of this genus was studied previously. It has antioxidant compounds (Chemam et al., 2017); flavonoids, tannins, glycosides, simple phenolics, free reducing sugars, and

\*Corresponding Author: Shifaa O Alshammari, University of Hafr Al-Batin, College of Science, Department of Biology, P. O. Box 1803, Hafar Al-batin 31991, Saudi Arabia; e-mail: [dr.shifaa@uhb.edu.sa](mailto:dr.shifaa@uhb.edu.sa)

saponines (Ermeli et al., 2012). Some of *Helianthemum* species are essential medicinal herbs that are utilized for a variety of purposes in a variety of places. However, there are currently no research addressing the biological activity or phytochemical constituents of many of these plants. Therefore, the purpose of the current study is to screen the abundant phytochemical compounds in the ethnolic extracts of *H. lippii* by gas chromatography-mass spectrometry (GC-MS). The result of this study would provide additional clues about figuring out the formula of biomolecular therapy in future drug studies.

## 2 Material and methods

### 2.1 Sample Collection and processing

The present study was carried out at the Biology Department, College of Sciences, Hafr Al-Batin University (Saudi Arabia) from February to May, 2021. The plant samples were collected from Hafr Al-Batin region which is located in the northeastern province of the Kingdom of Saudi Arabia. The *Helianthemum lippii* plant materials (leaves and stems) were repeatedly washed by hand using distilled water so that any dust or other residues were removed. Then, the plant airdried at room temperature in a shady spot for around three weeks. They were then ground to a fine powder using an electric grinder and stored in tightly sealed bottles.

Twenty-five grams of fresh Plant powder sample were soaked in 250 ml of 96 percent methanol and shaken at 150 rpm for five days at room temperature before being kept in the refrigerator for one day. The extract was then vacuum-filtered through a Buchner funnel. The filtrate was centrifuged for 10 minutes at 3000 rpm, as well as the extract was concentrated in a rotary vacuum evaporator According to Tofighi et al. (2015), the crude was left in unsealed jars in the fume hood for 2 days at ambient temperature before being stored at 4 °C in a glass container before further usage.

The extracted sample was subsequently subjected to GC and GC-MS analysis. Components were discovered using the MS library NBS or their mass spectral data were compared with the documented ones (Stenhagen et al., 1974). The retention index was then used to help determine chemical identification (Sadler, 1986); some standard structural samples were injected for more confirmation.

### 2.2 Gas chromatography (GC) and GC-mass spectroscopy (GC-MS)

#### 2.2.1 GC analysis

A HewlettPackard model 5985 B with a flame ionisation detector was used to evaluate the *Helianthemum*

*lippii* extract (FID). A fused silica capillary column with a diameter of 60 m 0.32 mm and a carbowax coating of 60 m 0.32 mm was used.

The oven was set to increase from 50 to 200 degrees Celsius at a pace of 2 degrees Celsius per minute. The injector and detector were both set at 250 degrees Celsius. At a rate of 0.7 ml min<sup>-1</sup>, helium has been used as a carrier gas. The data presented are the average of two assessments. Hydrocarbons (C8-C30 Aldrich Chemical Company) were used as references to compute the linear retention indices.

#### 2.2.2 GC-MS analysis

This experiment was carried out on a Hewlett-Packard 5985B computer with an HP MS instrument system. The temperature of the ion source was 200 °C and the ionisation voltage was 70 eV. The GC-MS analysis was conducted at central Lab in National Research Centre, Egypt.

## 3 Results and discussion

The taxa of *Helianthemum* utilized in traditional medicine did not form a distinct group. There is a close correlation between methanol extract composition from *Helianthemum* leaves and their therapeutic applications. *Helianthemum* is a genus with over 100 species. In many nations, they are essential medicinal herbs that have multiple uses. It's worth noting that there is currently no research on the biological or phytochemical activity of several of these species (Rubio-Moraga et al., 2013). The GC-MS chromatogram analysis of the methanolic extract of *H. lippii* showed thirty-five major peaks (Figure 1). Also, the major phytochemical corresponding to the peaks were shown in (Table 1). The chemical compounds, molecular formula, and molecular weight were shown in (Table 1). From GC-MS analysis, extract of *H. lippii* contains 6 compounds that reported had biological activities as shown in (Table 2). These compounds such as Chloroform (RT, 5.45) which acts as liniment counterirritant for relief of deep seated pain (Rivera et al., 2005 and Tardio et al., 2006), Phenethyl alcohol (RT, 19.01) is reported to act as an antimicrobial, antiseptic and disinfectant that is used also as an aromatic essence and preservative in pharmaceuticals and perfumery (Baudouin, 1976). Oxirane, [4-(1,1-dimethylethyl)phenoxy]methyl], RT (36.94) has an anti-inflammatory, analgesic and antipyretic. Oxirane effects (Baudouin, 1976). Mebutamate (RT, 41.36) has a sedative and anxiolytic drug with anti-hypertensive activity (Morin et al., 1963). Spermatheridine (RT, 46.69) act as an Anticancer, antimicrobial and an antifungal agent (Shakhatreh et al., 2016). Ethyl isoallochololate (RT, 60.63) was reported to inhibit dihydropteroate synthase (Kargutkar et al., 2018). Others have found similar findings

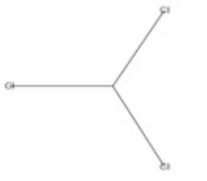
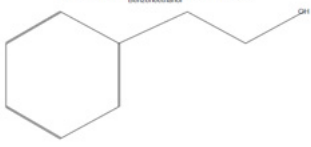
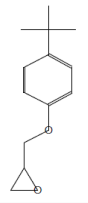
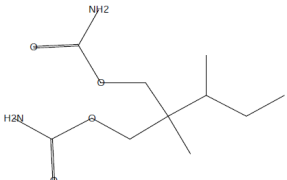
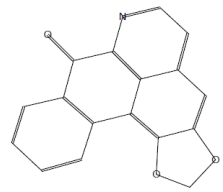
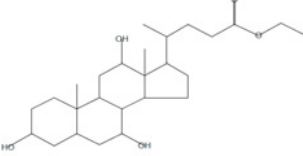
**Table 1** GC-MS analysis of bioactive components of extract of *Helianthemum lippii*

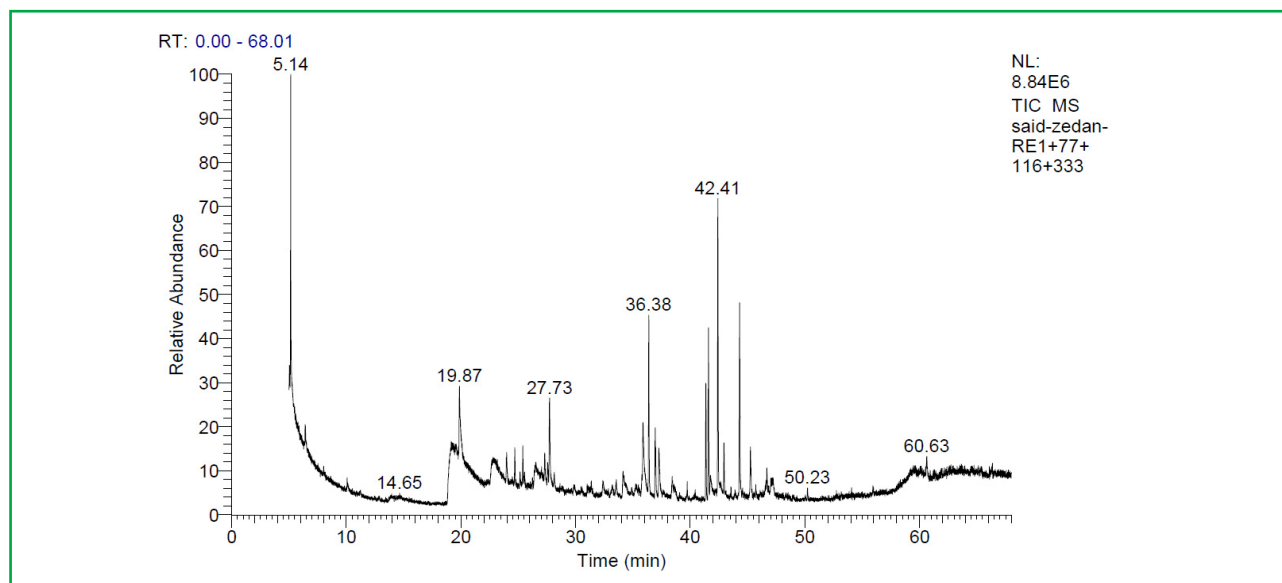
| S.NO. | RT    | Area | Molecular wight | Compound name   | Molecular female |
|-------|-------|------|-----------------|---|------------------|
| 1     | 5.14  | 4.97 | 130             | 4,4-dimethyl-3-hexanol  | C8H18O           |
| 2     | 5.40  | 0.21 | 176             | dichloromethyl ethyl sulfone  | C3H6Cl2O2S       |
|       |       |      | 229             | 7 phenyl trans bicyclo[4.3.0]non oxime  | C15H19NO         |
|       |       |      | 263             | 2,2-dimethyl-1-oxo-3,5-diphenyl-2H-1lambda~5~-pyrrole   | C18H17NO         |
| 3     | 5.45  | 0.29 | 118             | Chloroform  | CHCl3            |
| 4     | 5.50  | 0.39 | 176             | dichloromethyl ethylsulfone   | C3H6Cl2O2S       |
|       |       |      | 118             | Chloroform  | CHCl3            |
|       |       |      | 229             | 7 phenyl trans bicyclo[4.3.0]non oxime  | C15H19NO         |
| 5     | 5.80  | 0.51 | 176             | dichloromethyl ethylsulfone   | C3H6Cl2O2S       |
|       |       |      | 229             | 7 phenyl trans bicyclo[4.3.0]non oxime  | C15H19NO         |
|       |       |      | 263             | 2,2-dimethyl-1-oxo-3,5-diphenyl-2H-1lambda~5~-pyrrole   | C18H17NO         |
| 6     | 19.01 | 5.94 | 122             | Phenethyl alcohol   | C8H10O           |
| 7     | 19.08 | 2.00 | 122             | Benzeneethanol (CAS)  | C8H10O           |
| 8     | 19.12 | 2.47 | 122             | Benzeneethanol (CAS)  | C8H10O           |
| 9     | 19.20 | 5.32 | 122             | Benzeneethanol (CAS)  | C8H10O           |
| 10    | 19.94 | 0.27 | 260             | Benzaldehyde, 3-benzyloxy-2-fluoro-4-methoxy  | C15H13FO3        |
|       |       |      | 122             | Benzeneethanol (CAS)  | C8H10O           |
| 11    | 21.20 | 0.42 | 122             | Benzeneethanol (CAS)  | C8H10O           |
| 12    | 21.27 | 0.82 | 122             | Benzeneethanol (CAS)  | C8H10O           |
| 13    | 24.69 | 1.12 | 168             | Jasmonol  | C11H20O          |
|       |       |      | 224             | 1-Propene, 2-methyl-, tetramer (CAS)  | C16H32           |
|       |       |      | 196             | Cyclohexane, 2,4-diisopropyl-1,1-dimethyl   | C14H28           |
| 14    | 25.15 | 0.33 | 154             | 5-Isopropenyl-2-deutero-2-methylcyclohexanol  | C10H17DO         |
|       |       |      | 138             | 3,10-Dioxatricyclo[4.3.1.0(2,4)]dec-7-ene   | C8H10O2          |
| 15    | 25.39 | 1.34 | 168             | 1-Propene, 2-methyl-, trimer (CAS)  | C12H24           |
|       |       |      | 224             | 1-Propene, 2-methyl-, trimer (CAS)  | C16H32           |
|       |       |      | 168             | Jasmonol  | C11H20O          |
| 16    | 27.72 | 1.78 | 168             | 7-Oxabicyclo[4.1.0]heptane, 2-methyl-1(2-methyl oxirane) (CAS)  | C10H16O2         |
|       |       |      | 280             | 3-Methyl-1(4-(phenylthio), 2-propeny-1,2,5-dihydrothiophene-1,1-dioxide                                 | C14H16O2S2       |
| 17    | 32.39 | 1.55 | 206             | Phenol, 4-(1,1,3,3-tetramethylbutyl) (CAS)  | C14H22O          |
| 18    | 34.15 | 2.61 | 234             | 1-[3(2,6,6-Trimethylcyclohex-2-EN-1-YL)-4,5-dihydro-3-Hpyrazolyl] ethanone                              | C14H22N2O        |
| 19    | 35.76 | 0.50 | 304             | 3-[3-(butyl)dimethylsilyloxy-2-methyl-2-propenylidene] 2,4,4-trimethylcyclohexene                       | C16H20N2O2S      |
|       |       |      | 382             | 6-Oxa-3-thia-2,4-diazadecanoic acid, 2,4-dimethyl-5-oxo-, 2,3-dihydro-2,2-dimethyl-7-benzofuranyl ester | C18H26N2O5S      |
| 20    | 35.88 | 7.26 | 163             | 9-hydroxypyrimido[1,6-a]pyrimidin-4-one   | C7H5N3O2         |
|       |       |      | 280             | (3,5-dimethyladamantyl)-phosphonic-acid,dichloride  | C12H19Cl2OP      |
| 21    | 36.38 | 5.54 | 266             | (2-Dodecen-1-yl)succinic anhydride  | C16H26O3         |
|       |       |      | 278             | Decane, 5,6-bis(2,2-dimethylpropylidene)  | C20H38           |

Continuation of table 1

| S.NO. | RT    | Area  | Molecular wight | Compound name  | Molecular female |
|-------|-------|-------|-----------------|--|------------------|
| 22    | 36.94 | 5.09  | 262             | Dodecylphenol (CAS)  | C18H30O          |
|       |       |       | 191             | 6-tert-Butylpyrano [2,3c] pyrrole2(6H)one  | C11H13NO2        |
|       |       |       | 206             | Oxirane, [[4-(1,1-dimethylethyl)phenoxy]methyl]                                  | C13H18O2         |
| 23    | 37.72 | 4.63  | 192             | Alpha-ionone   | C13H20O          |
| 24    | 38.43 | 1.04  | 192             | 1-(3,3-Dimethyl)-2,2-dimethylcyclopropane-3-carboxylic acid                      | C12H16O2         |
|       |       |       | 218             | 2,2,7,7-tetramethyltricyclo[6.2.1.01,6]undec-5-en-4-one                          | C15H22O          |
| 25    | 41.36 | 3.40  | 232             | Mebutamate   | C10H20N2O4       |
|       |       |       | 278             | Decane, 5,6-bis(2,2-dimethylpropylidene)- (E,Z)                                  | C20H38           |
| 26    | 41.58 | 5.62  | 262             | Sulfurous acid, cyclohexylmethyl hexyl ester                                     | C13H26O3S        |
|       |       |       | 276             | Sulfurous acid, cyclohexylmethyl hexyl ester                                     | C14H28O3S        |
|       |       |       | 140             | 4,4-dimethyl-1-octene  | C10H20           |
| 27    | 41.78 | 1.18  | 207             | Methyl 2-oxo-2,3-dihydro-1,3-benzoxazole-6-carboxylate                           | C9H9N3O3         |
|       |       |       | 250             | Acetic acid (1,2,3,4,5,6,7,8-octahydro-3,8,8-trimethylnaphth-2-yl) methyl ester  | C16H26O2         |
| 28    | 42.41 | 7.58  | 232             | Mebutamate   | C10H20N2O4       |
|       |       |       | 266             | (2-Dodecen-1-yl)succinic anhydride   | C16H26O3         |
| 29    | 43.22 | 3.57  | 247             | [(Cyano-2-cyclopent1yl) amino]-2N,N-(pentamethylene) propanamide                 | C14H21N3O        |
|       |       |       | 318             | 2-(Iodomethyl)-5-(4-methylphenyl)oxolane   | C12H15IO2        |
|       |       |       | 270             | Phenylacetic acid, 2-(1-adamantyl)ethyl ester                                    | C18H22O2         |
| 30    | 44.30 | 14.15 | 247             | [(Cyano-2-cyclopent1yl) amino]-2N,N-(pentamethylene) propanamide                 | C14H21N3O        |
|       |       |       | 247             | 6-Methyl-3-(methoxyphenyl)-2-aza-4,7-dioxabicyclo-[3.3.0] octane                 | C13H13NO4        |
|       |       |       | 262             | Allyl-3-Dimethyl(phenyl)silylbutyrate  | C15H22O2Si       |
| 31    | 44.56 | 0.39  | 261             | 1-Cyclopropyl-3-hydro methylindole-4,7-dione                                     | C14H15NO4        |
|       |       |       | 388             | 4-Picolylamine, N,N-dinonyl  | C26H48N2         |
| 32    | 45.25 | 4.86  | 276             | chrysene-5,6:4b,10b:11,12-trioxide   | C18H12O3         |
|       |       |       | 277             | 3,6-Diphenyl-3-H5H1,7-àdihydropyrrolo[1,2c]oxazo                                 | C18H15NO2        |
|       |       |       | 326             | 7-Bromobicyclo   | C15H11BrN4       |
| 33    | 45.73 | 0.58  | 460             | Dimethoxyglyc erol docosyl ether   | C27H56O5         |
|       |       |       | 204             | 17-(1,5-Dimethylhexyl)-10,13-dimethylhexadecahydrocyclopent a[a]phenanthren-7-ol | C27H46O2         |
|       |       |       | 204             | 2-alpha Hydroxy-5-alpha cholest an,3-one   | C27H46O2         |
| 34    | 46.69 | 1.17  | 275             | 12-hydroxy-N-methyl benzo[b]phenanthridi none                                    | C18H13NO2        |
|       |       |       | 275             | Spermatheridine  | C17H9NO3         |
|       |       |       | 332             | 5,7-Dimethoxy-6-(2-methylbutanoyl)-4-propyl-2H, 8H chromen-2-one                 | C19H24O5         |
| 35    | 60.63 | 1.13  | 594             | Flavone. 4'oh,5oh,7dioglucoside  | C27H30O15        |
|       |       |       | 436             | ethyl iso allocholate  | C26H44O5         |

**Table 2** Reported biological activities of compounds present in *Helianthemum lippii* extract

| S.NO | RT    | Area | Molecular wight | Compound name                                   | Molecular female  | Reported bioactivity  | Structure  |
|------|-------|------|-----------------|---|---|---|--|
| 1    | 5.50  | 0.39 | 118             | Chloroform                                      | CHCl <sub>3</sub>   | liniment counterirritant for relief of deep seated pain   | <p>Chloroform<br/>Formula CHCl<sub>3</sub>, MW 118, CAS# 67-66-3, Entry# 17643<br/>Methane, trichloro- (CAS)</p>    |
| 2    | 19.01 | 5.94 | 122             | Phenethyl alcohol                               | C <sub>8</sub> H <sub>10</sub> O                              | an antimicrobial, antiseptic, and disinfectant that is used also as an aromatic essence and preservative in pharmaceuticals and perfumery | <p>Phenethyl Alcohol<br/>Formula C<sub>8</sub>H<sub>10</sub>O, MW 122, CAS# 60-12-8, Entry# 2079<br/>Benzeneethanol</p>   |
| 3    | 36.94 | 5.09 | 206             | Oxirane, [[4-(1,1-dimethylethyl)phenoxy]methyl] | C <sub>13</sub> H <sub>18</sub> O <sub>2</sub>                | anti-inflammatory, analgesic, and antipyretic effects   | <p>Oxirane, [[4-(1,1-dimethylethyl)phenoxy]methyl]-<br/>Formula C<sub>13</sub>H<sub>18</sub>O<sub>2</sub>, MW 206, CAS# 3101-60-8, Entry# 1569<br/>p-tert-Butylphenoxy glycidyl ether</p>        |
| 4    | 41.36 | 3.40 | 232             | Mebutamate                                      | C <sub>10</sub> H <sub>20</sub> N <sub>2</sub> O <sub>4</sub> | sedative and anxiolytic drug with anti-hypertensive   | <p>Mebutamate<br/>Formula C<sub>10</sub>H<sub>20</sub>N<sub>2</sub>O<sub>4</sub>, MW 232, CAS# 64-55-1, Entry# 215433<br/>1,3-Propanediol, 2-methyl-2-(1-methylpropyl)-, dicarbamate (CAS)</p>  |
| 5    | 46.69 | 1.17 | 275             | Spermatheridine                                 | C <sub>17</sub> H <sub>9</sub> NO <sub>3</sub>                | anticancer, antimicrobial and an antifungal agent   | <p>Spermatheridine<br/>Formula C<sub>17</sub>H<sub>9</sub>NO<sub>3</sub>, MW 275, CAS# 475-75-2, Entry# 318252<br/>8H-Benzo[gl]-1,3-benzodioxolo[6,5,4-de]quinolin-8-one (CAS)</p>              |
| 6    | 60.63 | 1.13 | 436             | thyl iso-allocholate                            | C <sub>26</sub> H <sub>44</sub> O <sub>5</sub>                | inhibitor for dihydropteroate synthase  | <p>Ethyl iso-allocholate<br/>Formula C<sub>26</sub>H<sub>44</sub>O<sub>5</sub>, MW 436, CAS# NA, Entry# 6654<br/>Ethyl 3,7,12-trihydroxychohan-24-oate #</p>                                    |



**Figure 1** GC-MS chromatogram of methanolic extract of *Helianthemum lippii*

on *H. lippii* leaves and roots. In Algeria, a decoction of leaves is used for diabetic treatment (Hamza et al., 2019). Roots decoction is used in Saudi Arabia to cure camel colic (Sher and Aldosari, 2013). Camel food in the Sahara Desert (Volpato and Puri, 2014). In the Saharan region of Algerian, leaves powder or a compress were used to treat wounds and skin conditions (Lakhdari et al., 2016).

The presence of the six chemicals stated before in *H. lippii* was consistent with major investigations on *Helianthemum* species (Calzada and Alanis, 2007; Benabdelaziz, 2015; Calzada et al., 1995). Accordingly, study of the chemical constituents of *H. lippii* extract using GC-MS analysis would be the first step to identifying of the bioactive compounds in this plant. This study would be helpful to investigate *H. lippii* materials as a new supplies of natural antioxidants and acceptable commercial food enhancers or pharmaceutical components.

#### 4 Conclusions

In the present study, fifty-three compounds extracted from *H. lippii* were identified by GC-MS analysis. The biological activities of each of the identified phytocomponents range from antimicrobial, antioxidant, anti-inflammatory, an antifungal and anticancer. These behaviors could be a result of its individual or group contents.. In conclusion, The efficacy of plants is demonstrated in this study. However, more research is needed to identify the ingredients that are responsible for the antibacterial, antioxidant, anti-inflammatory, antifungal, and anticancer properties. These findings provide new insights into the potential use of this plant not only as a therapeutic agents but also as a source of the economic phytocompounds for the synthesis

of complex chemical substances and for discovering the actual significance of this plant. Further study is required to determine the constituents responsible for antibacterial, antioxidant, anti-inflammatory, antifungal, and anticancer activities..

#### Acknowledgments

The authors are grateful to Professor Elsayed H. Zeidan (National Research Centre, Giza, Egypt), for his assistance with GC-MS analysis.

#### References

- Baudouin, M. (1976). 2-Phenylethanol. National Center for Biotechnology Information. PubChem Compound Database, U.S. National Library of Medicine. [pubchem.ncbi.nlm.nih.gov/compound/2-phenylethanol](https://pubchem.ncbi.nlm.nih.gov/compound/2-phenylethanol).
- Benabdelaziz et al. (2015). Lignans and other constituents from *Helianthemum sessiliflorum* Pers. *Rec. Nat. Prod.*, 9, 342–348.
- Bermaki, B. et al. (2017). Bioecology of desert truffles in the province of Figuig in Eastern Morocco. *Revista Mexicana de Micología*, 46, 29–36.  
<https://www.redalyc.org/articulo.oa?id=88355481005>
- Bokhary, H.A. (1987). Desert truffles ‘Al-Kamah’ of the Kingdom of Saudi Arabia. Occurrence, identification and distribution. *Arab Gulf Journal of Scientific Research*, B5, 245–255.
- Calzada, F. I. et al. (1995). Flavonoids of the aerial parts of *Helianthemum glomeratum*. *Int. J. Pharmacogn*, 33, 351–352.
- Ermeli, N. et al. (2012). Screening of analgesic and anti-inflammatory activities for two Libyan medicinal plants: *Helianthemum lippii* and *Launaea residifolia*. *J. Chem. Pharm. Res.*, 4, 4201–4205.
- Hamza, N. et al. (2019). A review of Algerian medicinal plants used in the treatment of diabetes. *J. Ethnopharmacol.*, 238, 111841. DOI: 10.1016/j.jep.2019.111841

- Hashem, A. et al. (2018). Desert truffles in Saudi Arabia: diversity, ecology, and conservation. In: Sharma S., Varma A. (eds) *Microbial Resource Conservation. Soil Biology*, vol 54. Springer, Cham. [https://doi.org/10.1007/978-3-319-96971-8\\_13](https://doi.org/10.1007/978-3-319-96971-8_13)
- Chemam Y. et al. (2017). On-line screening, isolation and identification of antioxidant compounds of *Helianthemum ruficomum*. *Molecules*, 22, 239, 1–14.
- Kargutkar, S. et al. (2018). Anti-inflammatory evaluation and characterization of leaf extract of *Ananas comosus*. *Inflammopharmacology*, 469–477. <https://doi.org/10.1007/s10787-017-0379-3>
- Lakhdari, W. et al. (2016). Ethnobotanical study of some plants used in traditional medicine in the region of Oued Righ (Algerian Sahara). *J. Med. Plants Stud.*, 4, 204–211. <https://www.researchgate.net/publication/301747815>
- Mandaville, J.P. (1990). *Flora of eastern Saudi Arabia*. Kegan Paul, London and National Commission for Wildlife Conservation and Development, Riyadh, Saudi Arabia. Feddes Repertor, 102 (1991), p. 444. <https://doi.org/10.1002/fedr.19911020520>
- Mohammed-Ibtisam et al. (2018). Check list of flora and vegetation of Hafer Albatin region, northeastern Saudi Arabia, MOJ Eco. *Environ. Sci.*, 3(3),138–143. <https://doi.org/10.15406/mojes.2018.03.00078>
- Morin, Y. et al. (1963). Observations on the antihypertensive and sedative effects of mebutamate, meprobamate and reserpine. *Canadian J. of Surgery*, 9(89), 980–982.
- Omar, S. et al. (2000). *Vegetation of Kuwait, A Comprehensive Illustrative Guide to the Flora and Ecology of the Desert of Kuwait*. Al Assriya Printing Press Publishing and Distribution Company, Kuwait Institute for Scientific Research, Kuwait, p. 209.
- Rivera, D. et al. (2005). The ethnobotanical study of local Mediterranean food plants as medicinal resources in Southern Spain. *J. Physiol. Pharmacol.*, 56, 97–114. [http://www.jpp.krakow.pl/journal/archive/03\\_05\\_s1/pdf/97\\_03\\_05\\_s1\\_article.pdf](http://www.jpp.krakow.pl/journal/archive/03_05_s1/pdf/97_03_05_s1_article.pdf)
- Rubio-Moraga, A. et al. (2013). Screening for polyphenols, antioxidant and antimicrobial activities of extracts from eleven *Helianthemum* taxa (Cistaceae) used in folk medicine in south-eastern Spain. *J. Ethnopharmacology*, 148(1), 287–296.
- Sadtler, R. (1986). *The Sadtler standard gas chromatography retention index library*. vol 4. Sadtler Research Laboratories, Philadelphia, Pa. <https://doi.org/10.1002/bms.1200040113>
- Shakhatreh, M. et al. (2016). Study of the antibacterial and antifungal activities of synthetic benzyl bromides, ketones, and corresponding chalcone derivatives. *Drug Des. Devel. Ther.*, 10, 3653–3660. <https://doi.org/10.2147/DDDT.S116312>
- Sher, H. and Aldosari, A. (2013). Ethnobotanical survey on plants of veterinary importance around Al-Riyadh (Saudi Arabia). *Afr. J. Pharm. Pharmacol.*, 7, 1404–1410. <https://www.10.5897/AJPP2012.2177>
- Stenhagen, E. et al. (1974). *Registry of mass spectral data*. 1<sup>st</sup> edition, 3136 p. 1974. Wiley, New York. <https://doi.org/10.1002/bms.1200040113>
- Tardio, J. et al. (2006). Ethnobotanical review of wild edible plants in Spain. *Bot. J. Linn. Soc.*, 152, 27–71. <https://doi.org/10.1111/j.1095-8339.2006.00549.x>
- Tofighi, Z. et al. (2015). Antimicrobial activities of three medicinal plants and investigation of flavonoids of *Tripleurospermum disciforme*. *Iranian Journal of Pharmaceutical Research*, 14(1), 225–31. <https://europepmc.org/article/pmc/pmc4277635>
- Volpato, G. and Puri, R. K. (2014). Dormancy and Revitalization: The fate of ethnobotanical knowledge of camel forage among Sahrawi nomads and refugees of Western Sahara, *Ethnobot. Res. Appl.*, 12, 183–210. <https://www.ethnobotanyjournal.org/vol12/i1547-3465-12-183.pdf>
- Zaman, S. et al. (2009). Effect of pre-germination treatments on seed germination of *Helianthemum lippii* (L.) Dum.Cours., *Desert Plantsm*, 3, 18–23. <http://hdl.handle.net/10150/556666>